



WE ARE SO EXCITED TO ANNOUNCE THE LAUNCH OF OUR NEW PROGRAM FOR NINJAS IN TRAINING! WE'VE LISTENED TO PARENTS OVER THE YEARS, AND WE'VE ADDED A PROGRAM THAT IS SKILL BASED, FAST-PACED AND GEARED JUST FOR LITTLE BOYS ON ENERGY OVERLOAD!

OUR NINJA TRAINING PROGRAM WILL COMBINE MILITARY STYLE OBSTACLE COURSES TO DEVELOP STRENGTH AND SPEED, GYMNASTICS TUMBLING, AND 'NINJA' STYLE MOVES JUST LIKE WHAT YOU WOULD SEE IN A VIDEO GAME OR IN THE MOVIES!

THE SPORT OF NINJA IS...

"TO MOVE UNINTERRUPTED THROUGH AN ENVIRONMENT OR SERIES OF OBSTACLES WITH FLUIDITY, PROWESS, AND STEALTH. TO USE COMBINATIONS OF SKILLFUL SPINS, ROLLS, FLIPS, JUMPS, AND KICKS TO ELUDE AN OPPONENT."

OUR SKILL CURRICULUM IS COMPRISED OF A CLEVER COMBINATION OF GYMNASTICS, MARTIAL-ARTS, BREAK DANCING AND CROSS-TRAINING. BEYOND SKILL OUR CURRICULUM TEACHES:

***CONFIDENCE *BEING PART OF A GROUP *IMPULSE CONTROL**

FOR SUCCESS IN SCHOOL, SPORT, AND LIFE, A CHILD THAT LEARNS TO CHANNEL THEIR IMPULSE AND ENERGY TOWARDS A FOCUSED GOAL WILL SUCCEED IN ALL ENDEAVORS.

THE NINJA ZONE LEVEL SYSTEM GOES AS FOLLOWS: WHITE-YELLOW-GREEN-BLUE-

NEW STUDENTS SHOULD REGISTER FOR NINJA WHITE AND WE WILL GROUP THEM ACCORDING TO AGE. NINJAS WITH MASTERY OF SKILL COMBINATIONS WILL BE PLACED IN EITHER YELLOW OR GREEN.

JOIN US IN THE AWESOMENESS!